



POST TREATMENT INSTRUCTIONS

B12 Injection

Vitamin B12 is safe and non-toxic even when taken in high doses, however I understand that it is possible that I could have an adverse reaction, though rare they can include: mild diarrhea, anxiety/panic attacks, heart palpitations, insomnia, breathing problems, chest pain, skin rashes/hives.

Most common side effects are redness/swelling and soreness around the injection site lasting up to a few days.

We do not offer Acute/Urgent Care Services nor do we offer Primary Care Provider Services. We strongly recommend all of our clients to form a relationship with a Primary Care Provider and have regular check-ups. If at any time you are faced with a medical emergency, please contact your Primary Care Provider, report to the nearest Emergency Department or Urgent Care Center, or Activate Emergency Medical Services by dialing 911. Vitamins and nutritional supplements are not intended to diagnose, treat, cure, or prevent any diseases or illnesses.

Pain/redness at the injection site, mild diarrhea, itching, or a feeling of swelling all over the body may occur. If any of these effects persist or worsen, tell your doctor or pharmacist promptly. rare but very serious symptoms occur: chest pain (especially with shortness of breath), weakness on one side of the body, sudden vision changes, slurred speech.

Get medical help right away if you have any very serious side effects, including symptoms of heart failure (such as shortness of breath, swelling ankles/feet, unusual tiredness, unusual/sudden weight gain).