



POST TREATMENT INSTRUCTIONS

Hyaluronidase

- Most people are able to continue with normal activities with immediate improvement in their appearance. Some will have redness, pin prick marks, possible swelling or bruising. Any swelling and bruising may be more apparent the next day.
- Make-up should not be worn for 12 hours.
- You are advised to avoid alcohol, vigorous exercise, sunbathing and extremes of heat or cold for 14 days post-treatment. These activities have been found to increase and prolong swelling.
- Swelling may worsen in the first 24 hours and then should settle within the first few days. Cold packs can be helpful in reducing swelling. As a consequence of swelling and the action of the hyaluronidase, you may notice some asymmetry.
- The final result is typically judged at 2 weeks.
- Bruising may take a few days to appear. Arnica can be helpful in clearing bruising. It is advisable to avoid aspirin and alcohol for 12-48 hours after treatment. Tenderness should settle as swelling subsides.
- Please contact your practitioner if redness, tenderness, itching or swelling worsens after 3 days rather than settling.
- Hyaluronidase is an enzyme that breaks down hyaluronic acid fillers, but it can also break down naturally occurring hyaluronic acid present in the body. The results can be unpredictable and the effect dramatic with the possible loss of volume and some skin laxity. Although some of the effects can be immediate, it can take up to 2 weeks for the final results to be seen and the procedure may need to be repeated.
- Hyaluronidase administration can result in anaphylaxis (a severe allergic reaction) which in itself is life-threatening and requires immediate medical attention. Symptoms of a severe allergic reaction can include shortness of breath, wheezing, coughing, difficulty swallowing, swelling of the tongue, eyelids, lips, hoarseness of the voice, stomach pain, nausea or diarrhea.
- If you have any of the above symptoms, please report to your nearest emergency room or call 911.