



POST TREATMENT INSTRUCTIONS

Neuromodulators

A few simple guidelines both pre and post-treatment can make a difference between a good result and a fantastic one.

Neuromodulators (e.g. Botox, Xeomin and Dysport) are meant to temporarily block the transmission of nerve impulses to the muscles - reducing the activity in these muscles which decreases the appearance of lines/wrinkles.

After placement into the targeted muscle, the weakening effect gradually begins anywhere from 24 hours - 5 days and is not complete for two weeks. Therefore, optimal results are not seen for at least two weeks. Any assessment for touch-ups cannot be performed until 2 weeks after the initial treatment.

Instructions

- Do not rub the site.
- You may experience stinging at the injection site for 10-15 minutes
- You may experience temporary redness and/or bumps. This usually subsides in a few hours.

FOR 24 hours unless otherwise noted (to allow product to settle evenly):

- Do not bend over.
- Maintain an upright posture for 6 hours.
- No vigorous exercise for 12 hours.
- Do not lie down flat for 4 hours. If you lie down, lay at an incline.
- Do not lie on your side. Lay on your back at an incline.
- Do not consume alcohol (thins blood)
- Do not take Vitamin A

- APPLYING MAKEUP - For 24 hours after treatment please wipe the treated areas with alcohol before and after you apply makeup to protect from bacteria
- Do NOT take Aspirin. Some patients develop a headache, which can be treated with Ibuprofen or Tylenol. This usually lasts less than 24 hours.
- For 24 hours, do not have any facial treatments, micro-dermabrasion, or electrolysis
- Avoid direct pressure to injected areas (such as brow) with visors, hats, cleansing brushes, or massage tables for one week

If you have any questions or concerns please contact us.